

P.12 – Support Services Information for Children and Parents.

**Purpose;**

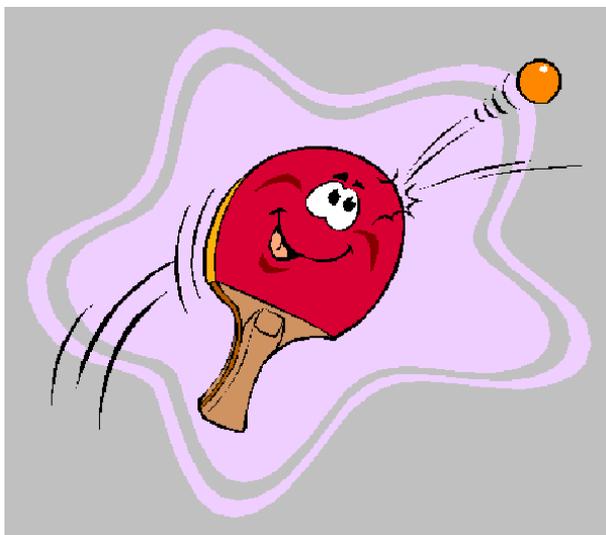
To ensure that children and parents have information so that they understand what to do if they have concerns and contact details of people both within and outside of TTW to enable them to seek support as and when necessary.

The information has been produced as a stand alone leaflet and it is recommended it is used as follows;

- The CLSO introduces themselves to the child and parent when they hand in their completed player registration form on becoming a member of an affiliated club/league.
- Copy of the leaflet is given to the child and parent by CLSO and explanation given.
- CLSO indicates on player registration form they have made contact with child and parent.

TTW recommends as best practice that this leaflet is also given to child/ren and their parent/guardian when they initially join regional and national training squads.

## Table Tennis Wales - Working Together with Children and Parents to Safeguard and Protect.



This leaflet is for you as a junior member and your parent/carer as Table Tennis Wales wants to keep you safe from harm when you are part of the sport.

Children can suffer harm in a number of ways, the harm we are trying to stop is called ABUSE. It might be that you don't understand what is happening but Table Tennis Wales wants you to be able to understand what ABUSE is and some of the things that might cause you harm and be able to tell an adult who can help you stop it.

ABUSE can affect your health, development and self esteem and these effects can last for a long time that is why it is important that we as adults do things to stop it.....**So please, if you think you or someone you know may be suffering abuse.....TELL SOMEONE.**

## What is Abuse?

Abuse can occur in lots of different ways – they are put under 5 main headings by adults when they are looking at what harm might have been caused. These headings and an explanation about them and some examples of what might be done that is harmful are listed here for you.

1. Physical Abuse - this is where someone injures or physically hurts you. they might do this by;
  - Hitting you
  - Throwing things at you
  - Shaking you
  - Burning you
  - Or any other way of causing you a physical injury
2. Emotional Abuse – this is where someone does something that may not hurt you physically but it makes you feel;
  - Afraid
  - Insecure
  - Worthless
  - Not able to do anything unless the person tells you
3. Neglect – this is where an adult who should be taking care of you doesn't make sure that you are taken care of regularly it might be that you don't have;
  - Enough food
  - Suitable clothing
  - A warm clean home
4. Sexual Abuse – this is where someone does something to you or makes you do something that involves “private parts” of your body. It might be;
  - Touching you
  - Making you watch something
  - Making you do something
5. Bullying – this is where saying or doing something to someone is done in a way that upsets them it might be;
  - Calling someone names
  - Making someone cry on purpose
  - Telling someone they are “no good”

### **REMEMBER;**

These are only examples if something is upsetting you or someone you know it is good to tell an adult so that they can then help you.

### Who should be told?

Table Tennis Wales have people specially to help called Safeguarding Officers. There is one at every club/league, three who cover regional areas and one who covers the whole of Wales.

You can speak to any of these, if you don't know who they are for your club/league or region then you can email the National Officer at; [childprotection@ttaw.co.uk](mailto:childprotection@ttaw.co.uk)

You can also speak to any adult you trust at any time. If they can sort the problem straight away they will but if not they will contact one of the Safeguarding Officers for you.

There are also people you can contact who are not involved with table tennis their contact details are below.

NSPCC Cymru/Wales	Diane Engelhardt House Treglown Court Dowlais Road Cardiff CF24 5LQ	T; 0808 800 5000  <a href="http://www.nspcc.org.uk">www.nspcc.org.uk</a>
Child Protection in Sport Unit	Sport Wales National Centre Sophia Gardens Cardiff CF11 9SW	T; 02920 334975  <a href="http://www.cpsu.org.uk">www.cpsu.org.uk</a>
Child Exploitation and Online Protection Centre (CEOP)	33 Vauxhall Bridge Road London SW1V 2WG	T; 0870 000 3344  <a href="http://www.ceop.gov.uk">www.ceop.gov.uk</a>
Childline UK	Freepost 1111 London N1 0BR	T; 0800 1111  <a href="http://www.childline.org.uk">www.childline.org.uk</a>